



Minority Ethnic Communities Health Fair 2026

Prevention Today. Better Health Tomorrow



On Wednesday 28th October 2026 at Fitzalan High School, Leckwith Road, Cardiff CF11 8AP

About the Minority Ethnic Communities (MEC) Health Fair 2026:



- The MEC Health Fair is an a free community event designed and coordinated by a steering group of community organisations to improve health awareness and address health inequalities experienced by individuals from minority ethnic communities by bringing together healthcare providers, charities, community organisations, and public services to offer information, advice, and support.
- Our vision is every individual of all ethnicities across all ages and demographics can access health services and make positive, informed choices about their health.
- This year, The MEC Health fair will again be held in Cardiff on Wednesday 28th October 2026. We have consistently attracted about 300 participants across communities and backgrounds with access to over 60 service providers.

Our impact report from last year's MEC Health Fair is available to read [here](#).

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Meet our Steering group:



MEC Health Fair 2026 – What to expect on the day



10am to 3pm:
Open exhibition
and stalls

10am:
Welcome address and keynote speakers

10:30am to 3pm
Health checks and activities

11am:
Q&A Panel Session

Some of our MEC Health Fair Sponsors and Stall Holders



- Age Connects Cardiff & Vale
- Alzheimer's Society
- AP Cymru - The Neurodiversity Charity
- Bawso
- Bowel Cancer UK
- Breast Cancer Now
- C3SC
- Cardiff & Vale University Health Board - Breast Test Wales
- Cardiff & Vale University Health Board - General Recruitment
- Cardiff & Vale University Health Board - MSK Physiotherapy
- Cardiff & Vale University Health Board - NHS Community Nutrition and Dietetics- Diabetes and Prevention Team
- Cardiff & Vale University Health Board - Pelvic Health Service
- Cardiff & Vale University Health Board - Primary, Community and Intermediate Care (PCIC)
- Cardiff & Vale University Health Board - Public Health Dietetics
- Cardiff & Vale University Health Board - Public Health Wales NHS Trust
- Cardiff & Vale University Health Board - Screening Division
- Cardiff City FC Foundation
- Cardiff Council
- Cardiff Metropolitan University - CURIAD
- Cardiff Metropolitan University - National Cardiovascular Research Network (NCRN)
- Cardiff University - Wales Cancer Research Centre
- Cardiff University - Wales Gene Park
- Care & Repair Cardiff and the Vale
- CASE-UK
- Community Care and Wellbeing Service
- Cwmpas
- Diabetes UK Cymru
- Diverse Cymru
- Education Programme for Patients and Carers - EPP
- EYST
- Glaucoma UK
- Green Squirrel
- Grow Cardiff
- Hayaat Women Trust
- Into Work Advice Service
- Leigh Day
- Llais Cymru
- Macmillan/CAVUHB
- Marie Curie
- NHS Blood and Transplant
- Parkinson's UK Cymru
- Powys Teaching Health Board - Health and Care Research Wales
- Public Services Ombudsman for Wales
- Purpose Chiropractic
- Race Equality First
- Ray of Light Cancer Support
- RNIB Cymru
- RNID
- Sandy Bear Children's Bereavement Charity
- Sight Cymru
- South Wales Police
- Swansea University
- Tenovus Cancer Care
- The Birth Partner Project
- The Mentor Ring
- Welsh Ambulance Services University NHS Trust
- Women Connect First
- Womens Advocacy Network CIC

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Become a Sponsor of the 2025 Minority Ethnic Communities (MEC) Health Fair



We invite organisations, businesses, and community partners to support the 2026 Minority Ethnic Communities (MEC) Health Fair and help make a lasting difference to the health and wellbeing of diverse communities across Wales.

By becoming a sponsor, you will play a vital role in helping to address health inequalities, improve access to information and services, and promote healthier communities. We offer a range of affordable sponsorship opportunities to suit all budgets, from exhibition stalls starting at just £40 to our premium Gold Sponsorship Package, which provides enhanced visibility and engagement opportunities.

Why Sponsor the MEC Health Fair?

- As a sponsor, your organisation will have the opportunity to:
- Demonstrate your commitment to health equity and community wellbeing.
- Connect directly with diverse minority ethnic communities across South Wales.
- Raise awareness of your services, programmes, and initiatives.
- Share valuable health information, advice, and support with those who need it most.
- Strengthen relationships with healthcare providers, community organisations, and public sector partners.
- Enhance your organisation's profile through association with a respected and impactful community event.

Together, we can help create a healthier, more informed, and more connected community for everyone.

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MEC Health Fair Sponsorship Packages

Packages include:	Gold £400	Silver £250	Bronze £100	Standard £40
Table in Exhibition Hall	✓	✓	✓	✓
Social Media tags and mentions	✓	✓	✓	
Your leaflets in the Event Goody bags	✓	✓		
Your logo printed on the Event Goody Bags	✓			
Space to advertise on featured presentations	✓			

Please click [here](#) to complete your sponsorship form or book a stall



Contact details:

Radhika Kadaba

Chair of the MEC Health Fair Steering Group

Hindu Council of Wales

Tel: 07966767659

Sponsor the MEC Health Fair or book a stall by clicking on the link below

[MEC Health Fair 2026 Sponsorship/Booking Form](#)