



sight cymru

Head Office: Bradbury House, Park Buildings, Pontypool, NP4 6JH

Vacancy – Volunteer Telephone befriender

Become a Telephone Befriender – Make Someone's Day!

Do you enjoy a good chat and have a couple of hours a week to spare? Sight Cymru is looking for friendly, empathetic volunteers to join our Telephone Befriending Service.

Many of our service users are living with sight loss and face social isolation, but they still enjoy conversation and connection. That's where you come in!

We're looking for someone who is:

- Friendly, patient, and a good listener
- Able to spare around 2 hours per week
- Comfortable chatting over the phone and building rapport

As a Telephone Befriender, you will:

- Provide regular, friendly phone calls
- Offer companionship to those with limited social contact
- Help reduce loneliness and make a meaningful difference in someone's life

This is a rewarding, flexible volunteer role — and a small gesture of your time can have a huge impact.

Interested? Get in touch with us to find out more and get started.

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